delightfully shameless discussion of a once-shamed activity, her erudite examination of its associated vocabulary, and her unapologetic promotion of its colorful vernacular make How to Shit in the Woods essential and vastly entertaining reading for anyone who's ever paused at the edge of the forest and pondered: "Where do I go to poop?"


It's the feisty third edition of How to Shit in the Woods, jam-packed with new information for outdoor enthusiasts of every stripe. Hailed in its first edition as "the most important environmental book of the decade" by Books of the Southwest, and in its second as "the real shit" by the late, great, outdoor photographer Galen Rowell, this bestselling guide is often called the "backpacker's bible" and has sold more than 2.5 million copies in eight languages. Author Kathleen Meyer continues to pioneer the way with her inimitable voice—at once humorous, irreverent, and direct—examining the latest techniques for graceful backcountry elimination, and answering a desperate cry from nature concerning environmental precautions in our ever-shrinking wilds. World changes come fast and furious, and in the backcountry it is no different. The practice of "packing-it-out," adopted to protect high use areas and fragile eco-systems, is here to stay. We are now often urged to haul our poop home. Or with increasing frequency, the whole business is mandatory. To assist with all this responsible human waste disposal, Meyer's new edition features the latest in product innovations, from classy high-tech to inexpensive do-it-yourself. She covers the most current solutions to the health risks of drinking straight from wilderness waterways, presents a raft of natural substitutes for the puritans swissing off toilet tissue; and offers a wealth of new recommendations for ladies who must do more than make do with a less than optimal toilet. Meyer's delightfully shameless discussion of a once-shamed activity examines the environmental impact of too much crap (organic and otherwise) on our ever-shrinking wild outdoors. With the rising popularity of hiking and off-the-grid backpacking as well as the current climate crisis, How to Shit in the Woods provides timely techniques for keeping trails, buses, and wild waters clean and protected when indoor plumbing is not an option. Meyer shares proper procedures in a way that is approachable and comprehensible for all audiences, from beginner to expert. The fourth edition features updates to outdoor laws and regulations, health statistics, and recommendations for equipment such as special trowels, funnels, and portable toilets. With more than three million copies sold, How to Shit in the Woods is the backcountry backpaker's bible, crucial for anyone looking to be wiser with their waste.


This book is about shit. Not the shit you have in your closet or those lying around the house or the shit in your car, but it is about shit. The stuff that comes out of your rear end. It is about how to deal with the smell, how to deal with the mess, and what to do with your poop when you're out of your toilet. It doesn't matter how poor or rich you are, how rich you are, how ugly you are, or how beautiful you are. It doesn't matter if you are skinny or overweight. And no matter what you may think, your shit does stink. The way you do it, though, makes a huge difference. The practice of "packing-it-out," adopted to protect high use areas and fragile eco-systems, is here to stay. We are now often urged to haul our poop home. Or with increasing frequency, the whole business is mandatory. To assist with all this responsible human waste disposal, Meyer's new edition features the latest in product innovations, from classy high-tech to inexpensive do-it-yourself. She covers the most current solutions to the health risks of drinking straight from wilderness waterways, presents a raft of natural substitutes for the puritans swissing off toilet tissue; and offers a wealth of new recommendations for ladies who must do more than make do with a less than optimal toilet. Meyer's delightfully shameless discussion of a once-shamed activity examines the environmental impact of too much crap (organic and otherwise) on our ever-shrinking wild outdoors. With the rising popularity of hiking and off-the-grid backpacking as well as the current climate crisis, How to Shit in the Woods provides timely techniques for keeping trails, buses, and wild waters clean and protected when indoor plumbing is not an option. Meyer shares proper procedures in a way that is approachable and comprehensible for all audiences, from beginner to expert. The fourth edition features updates to outdoor laws and regulations, health statistics, and recommendations for equipment such as special trowels, funnels, and portable toilets. With more than three million copies sold, How to Shit in the Woods is the backcountry backpaker's bible, crucial for anyone looking to be wiser with their waste.


The definitive guide to environmentally friendly outdoor defecation—fully revised with a new introduction by renowned author and environmental activist Bill McKibben. More than thirty years since its first publication, Kathleen Meyer delivers an update to the beloved guide to relieving yourself responsibly. Meyer's delightfully shameless discussion of a once-shamed activity examines the environmental impact of too much crap (organic and otherwise) on our ever-shrinking wild outdoors. With the rising popularity of hiking and off-the-grid backpacking as well as the current climate crisis, How to Shit in the Woods provides timely techniques for keeping trails, buses, and wild waters clean and protected when indoor plumbing is not an option. Meyer shares proper procedures in a way that is approachable and comprehensible for all audiences, from beginner to expert. The fourth edition features updates to outdoor laws and regulations, health statistics, and recommendations for equipment such as special trowels, funnels, and portable toilets. With more than three million copies sold, How to Shit in the Woods is the backcountry backpaker's bible, crucial for anyone looking to be wiser with their waste.


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appear our most clean and hygienic. Laporte's style of writing is itself an attack on our desire for "clean language." Littered with lengthy quotations and obscure allusions, and adamantly refusing to follow a linear argument, History of Shit breaks the rules and challenges the conventions of "proper" academic discourse.

How to shit in the woods, Cathy Bayonne - 2018-12-15

This is a funny and entertaining, yet informative and educational book on a serious subject. The book discusses the often ignored subject of how to do your duty when you are far away from civilization and there is no toilet around. It carefully explains (in a step-by-step manner) WHAT to do if you find yourself in such a situation, and HOW to do it properly and safely.

How to shit in the woods - Cathy Bayonne - 2018-11-25

This is a very funny and entertaining, yet informative and educational book on a serious subject. The book discusses the often ignored subject of how to do your duty when you are far away from civilization and there is no toilet around. It carefully explains (in a step-by-step manner) WHAT to do if you find yourself in such a situation, and HOW to do it properly and safely. And the book addresses the subject as it affects both men and women. This book is direct, and to the point. It is not unnecessarily wordy. This is quite possibly the best practical book on this subject matter (how to do in the woods). This book is a great asset for backpackers, hikers, hunters, people who enjoy trail riding, trekking, camping, etc. It is also a great asset for anyone, including all outdoor enthusiasts, and anyone considering spending time outdoors away from civilization and toilets, including casual campers, day trippers, and adventurers. This book also makes a great gag gift, a wonderful novelty gift for your friends, family, and colleagues, who will laugh so hard, like you've never seen them laugh before. You'll hear them laughing and snickering over and over and over. The book is also a great coffee table book and an instant conversation starter. One thing, though, you'll find it pretty difficult to keep up with the number of people who want to borrow this book from you as soon as they see the book. That's what happens the moment people set their eyes on this book.

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The Book of Shit: A Collection of Poetry & Life Thoughts puts J. Smith’s emotions and struggles on page without apology or hesitation. Her poems cover all aspects of life, from moments of utter despair when depression is eating away at your spirit. To the moments we pray for when love is crucifying our soul like a parent. From the avoidance of the universe where she embraces it, transforming it into a haunting verse. For J. Smith, sensitivity was once a demenice but has since become a birth. As the woman who was created for a world that has seen the ashes of her soul, to take her pain and turn it into something that is uniquely beautiful and new. Her more than existence is in life is a mighty force that moves and shapes the psyche. Inspiration is attained daily through the basic acts of life, while the world can be split in half. This book invites readers to see themselves stripped bare of social trappings to see themselves just as they are meant to be. A dose of reality that is worth indulging into.

The Story of Shit: Midas Dekkers - 2018-01-29

A masterful writing style that is not only unique in biology but without equal in the whole of Dutch literature. The Story of Shit: "Dekkers once again be in possession of a valid and important research question, from the very first page. A book that is a delight to read and learn from. Of course, hygiene is necessary—some faecal bacteria, if re-ingested, can cause very serious problems—and unpleasant aromas are best kept at bay. But in all this hygiene discussion, one must not overlook the integral part of ourselves—something as much of a part of living as breathing, eating and sleeping? Something necessitating, creating and even enjoyable. In The Story of Shit, Dutch biologist Midas Dekkers presents a personal, cultural, scientific, historical and environmental account of, from the digestive process and the fascinating workings of the gut, to the act of defecation and toilet etiquette. With irreverent humour and a compelling narrative style, Dekkers brings a refreshing, entertaining and informative discussion of the body's waste products.


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Get Your Sh*t Together - Sarah Knight - 2016-12-27

Sarah Knight stepped in it. SOMETIMES BEING A KID CAN REALLY STINK. Will Poupé becomes the new target of bullies at his middle school. All day long, they call him Poop. Poop is a normal kid, with normal problems—you know, parents, homework, bullies. He used to have a normal name, too. But then he moved to a new school, and someone else stepped in it. However, when Icky the Janitor reveals himself to be a wizard in disguise, Will learns that there are Names of Power—if you are given one of these names, you gain some kind of special power. Poop has the power of farts, and can use this power for good. The book takes you one step further—organizing the Poops you need to want and need, and cutting through the bullshit. The result is a simple, straightforward and practical guide to living a better life. The book takes you one step further—organizing the Poops you need to want and need, and cutting through the bullshit. The result is a simple, straightforward and practical guide to living a better life.

Almost Any Shit Will Do - Ben Katzner - 2021-10-26

Have more fun with the downloadable app, including games and facts! - Available for iPhone and Android, smartphone and tablet. The perfect book to make parents and kids laugh during potty training! - Available for iPhone and Android, smartphone and tablet. The perfect book to make parents and kids laugh during potty training!

The Poo Pow Book: Mark Barden - 2018-05-14

Have a little fun with Poo Popp and his friends go to all you-can-eat party. Read along as each kid "poops" out all different kinds of wacky foods. Can your kids guess all of these funny "f'edether" Poopies they're completely "poopified"? Enjoy this cute story and laugh together with your kid! Learn more about Poo Jpn Poo Popp and Good Popp and Bad Popp. Help your child have an interest about his own Poop. Your kid will learn to tell a difference between good and bad Poop. Even first find yourself stuck at the office—or even just glued to the couch — when you really want to get out (for once), get to the gym (at last), and get started on that “someday” project you're always putting off? It’s time to get your sh*t together. In The Life-Changing Magic of Not Giving a F*ck, “anti-guru” Sarah Knight offers simple tools for getting your life together. The book takes you one step further—organizing the Poops you need to want and need, and cutting through the bullshit. The result is a simple, straightforward and practical guide to living a better life. The book takes you one step further—organizing the Poops you need to want and need, and cutting through the bullshit. The result is a simple, straightforward and practical guide to living a better life.

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a riot? It is in the continuous attempt to define these terms that we begin to articulate the utopia that is always already happening, three inches below the surface. “This is the space of the underground, where the intersection evidences the site of violence as a weight that pulls our attention via contours in the grid. Here, the lines bend around the individual and extend that body into the multitude: the movement. ALMOST ANY SHIT WILL DO is a statement of rage, where, when pushed to the edge, we might learn the most from a silent source—the ultimate Other.”—JH Phrydas

Shit Gardens - James and Brennan Hull (Bede) - 2018-04-02
A celebration, not a condemnation, Shit Gardens features over one hundred photographs of horticulturally challenged yards and gardens found around the world. From aspirational topiary displays to interesting Astroturf choices, from fascinating water features to baffling arrays of statuary, these uniquely enthusiastic missteps reveal the zeal and passion with which home gardeners lovingly design their personal landscape masterpieces. Grand ambition? Arcane aesthetics? Bizarre beauty? Cool gift? Or pure shit? It’s all in the eye of the beholder. Gardening gifts for those with green thumbs—and those without. Based on the popular Instagram account @shitgardens, from James Hull and Bede Brennan Hardcover; 8.5 x 7 inches, 128 pages